I will ask a trusted adult if I am unsure about something online.

I will not share personal information like my address or phone number online without checking with a trusted adult first.

I will be kind and respectful to others online, just like in real life.

I will tell a trusted adult if something online makes me uncomfortable or upset.

I will choose strong and unique passwords for online accounts.

I will always log out of my accounts when I'm done using them to keep them safe.

I will check with a grown-up before downloading anything from the internet, even if it looks fun.

I will be a good online friend by respecting other people's feelings and ideas.

I will never click on links or open files from people I don't know, even if they seem friendly.

I will talk to my parents about setting screen time limits to make sure I have a healthy balance.

I will tell a grown-up if someone online asks me to keep a secret.

I will be careful about the pictures and videos I share online to protect my privacy and others.

You receive a friend request from someone you don't know. What do you do?

A group of friends tell you about a new app they are using that sounds fun. The app is for children aged 13yrs and over. What do you do?

Someone online asks for your home address. What do you do?

You see something online that makes you feel sad. Who can you talk to?

You want to play an online game. What information should you never share?

You accidentally click on an ad that pops-up when you are watching a video. What do you do next?

You need to create a password for a website you are using. What does a strong password look like?

You hear about this cool app but your parents won't let you download it. What do you do?

You receive a message from a friend online, but it doesn't sound like them. What do you do?

You are at your friend's house, and they ask you to play on their games console. They have a new game that is rated for people aged 18 years. What do you do?

You are talking to a friend on a video call. They ask you get changed into your new superhero/dance outfit, as they really want to see it. What do you do?

You find a cool app, but it asks for permission to use your camera. What do you do?

You see a funny video online, but it has mean words. What can you do to stay safe and happy?

You are watching videos online. How do you know when to turn the device off?

While playing a game, someone asks for your real name. What is the safe thing to do?

You receive an email saying you won a prize but need to share your password. What do you do?

You come across a website with lots of ads. How can you safely navigate away from it?

You walk past your friend and see them looking at something online which is really violent. What do you do?

You receive a direct message from an account claiming to be your favourite influencer. They ask for your email address to send you a special gift. What do you do?

Someone you are friends with, keeps sending you images on WhatsApp of them using lots of filters and editing in their pictures to look different. What can you learn from this situation?

In your group chat, someone you don't know joins the conversation and starts asking for personal information. What's the safe thing to do?

You receive a message in a group chat with a link to a funny video. What should you consider before clicking on the link?

Your friend tells you in school that they are feeling really sad about some hurtful things people have said to them online. What do you do?

Your friends in a group chat are planning to meet up after school without telling anyone. What do you do?

Someone in a group chat is using language that makes you feel uncomfortable. What do you do?

You are on a game chatting to someone, and they say they don't believe that you are a child and ask you to send a photo to prove that you are. What do you do?

You are on a group chat and notice that someone has just kicked one of your friends out of the group. What do you do?

You are watching YouTube videos and your parent tells you to turn off and go to bed. You really want to keep watching the video, what do you do?